

SARK's eLetter

● e STANDS FOR ENERGETIC TRANSFORMATION ●

HAIO everyBODY! We're All ANGELS...



SARK's Story



HALO!
GREETINGS
[Small, illegible text]



An
EXUBERANT
angel

sends you

extra-wide

HALO!

GREETINGS

JOY-FULL HOLIDAYS
resplendent ^{AND A} New Year!
From Planet SARK

© 1995 SARK



HALO We're All angels
darlings,

I'm off on a writing adventure with my newest book, which will be published in the fall 2010 by my new publisher

NEW WORLD LIBRARY

WHAT A COOL PUBLISHING COMPANY AND GREAT GROUP OF PEOPLE! I'M THRILLED.

♥ COME AND SPEND A GLORIOUS WEEKEND WITH ME AND OTHER SUCCELUENT CREATIVES IN BIG SUR CALIFORNIA JAN 22-24 2010

AKA HEAVEN

FOR A VERY SPECIAL JUICY PENS, THIRSTY PAPER WRITING + CREATING WORKSHOP, SPONSORED BY

THE HENRY MILLER MEMORIAL LIBRARY (HENRY

GAVE ME THE NAME SARK!) GO HERE FOR MORE.

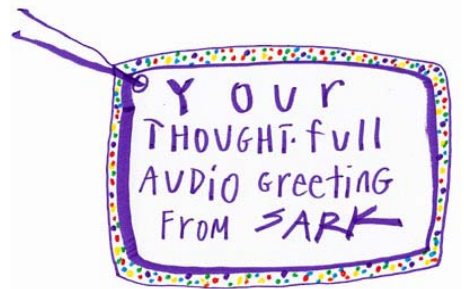
I LOVE, SUSAN AKA SARK

~

Just 3 More Days for SARK's Exciting Holiday Gift T.A.G. Special!

Plus...SARK's Bonus Thank You Gift for eLetter Readers!

It's the last few days to get "SARK Happy" for the Holidays! Order any SARK eProgram as a gift (for yourself or someone else) by December 13, 2009 and the recipient will receive a [personalized Gift T.A.G.](#) (Thoughtfull Audio Greeting) from me!



Now, thanks to the wonders of technology, I will personally be able to record a [completely personalized and unique audio greeting](#), including any special message that you would like me to deliver on your behalf. The MP3 of the recording will be delivered to the recipient via email, along with the enrollment instructions for the program of your choice.

Click [Here](#) to hear a
SAMPLE Gift T.A.G.
(THOUGHTFULL AUDIO GREETING)



To thank you for your continued support and glowing goodness this year, I'd also like to give all eLetter readers a **\$5 SARK Giftcard** that you can use on any any Gift Order. (Keep reading to get the coupon code.)



Easy Instructions for Using Your \$5 SARK Gift Card!

1. By this Sunday, December 13, simply go to [this link](#) to get all the information about the **Gift T.A.G.**, and follow the links to select the eProgram(s) you'd like to order as gifts...for yourself or others!

2. When you check out, enter the coupon code **SARKHAPPY** in the box, to save an additional \$5 off.

3. After your order is complete, you'll automatically be redirected to complete a brief questionnaire which will allow SARK to personalize her message for your recipient. The MP3 of the recording will be delivered to the recipient via email, along with the enrollment instructions for the program of your choice, between December 17-24, 2009.

This fun and unique freebie is available through this Sunday, December 13, 2009 only. I'm really looking forward to creating a special T.A.G. message just for you!



NEW! The Sweet Spot Sample: Three Free Days of SARK's Awesome Anytime Adventure!



I am really excited to spread more **colorfull** adventure throughout the world by offering three free, fully-functional days of [SARK's Awesome Anytime Adventure](#) as a gift to all readers.

This will be a great boost if you are feeling like you've lost your "spark", have become creatively or spiritually stuck, or are simply just feeling tired or overwhelmed by the grind of daily living.

If you are feeling ready to expand your experiences of pleasure and joy, eager to practice self-care in new, creative ways, and ripe for new wonder and adventure...

Then I hope you will come join in on the **free fun**...as we adventure together!

Instructions for Current eLetter readers:
[Get your three free days of delightfull adventure, here!](#)

Invite your friends!

Please spread the word that anyone can get three free says of SARK's Awesome Anytime Adventure when they [sign up for the SARK eLetter, here!](#)

And to learn how you can earn commissions for referring your friends, keep reading about SARK's SHARE Program!



Introducing SARK's SHARE Program

I'm deliriously excited about the new SARK ePrograms and the [SARK SHARE Program](#) makes it easy, quick, and joyful for you to help spread the word!



Members of SHARE Team Receive:

- Minimum 15% commission on any sales from referrals who click your affiliate tracking link and then purchase any SARK eProgram within 6 months. You will also have opportunities for monthly bonuses and contests in various categories each month!
- Easy text snippets, banners, and images to post on your site, blog, social media, or even in emails you send to friends - all embedded with your own special affiliate tracking link.
- Receive 15% commission even on SARK ePrograms you purchase for yourself! This special perk makes it a little easier for you to enroll in the Programs yourself, so that you can speak about the eProgram more personally and passionately!

I invite you to learn more about the [SARK SHARE Program](#), to find out how you can start earning your juicy commissions just for spreading the word in your blog, Web site, social media, or even just sending emails to your friends!



NEW! eProgram eShop!



We've opened a new area on the Planet SARK Web site, where you can easily see ALL of the new SARK eProducts in one convenient location.

Visit the new [SARK eProgram eShop here](#) to learn about all of our new programs, including:

[SARK's Transformation Experience:](#)

A Multimedia Journey of Healing and Transformation for the Splendidly Imperfect

[Juicy Journaling with SARK:](#)

A Nourishing Adventure to Start Your Day Off WRITE!

[Magical Journeys with SARK:](#)

SARK's Audio Adventures and Guidebook

[SARK's Awesome Anytime Adventure:](#)

An Inspiring 30-Day Tour of Joyful Self-Care, Surprise, and Wonder

Technology is so magical and I love that allows us to connect in these new ways. Come join me for an online adventure!

Remember, if you order any eProgram as a gift (for yourself or someone else) by December 13, the recipient gets a [personalized SARK Gift T.A.G. \(Thoughtful Audio Greeting\)](#) that I personally record specifically per your request. And ALL of these Programs are eligible for your 15% commission of Happy Affiliate Revenue Earnings when you spread the word through our new [SARK SHARE Program!](#)



Ecstatic Events

This is my special invitation to you, to attend one of my lively, interactive and inspiring events. This energy is due to the kindred spirits who attend - like YOU!



Juicy Pens, Thirsty Paper
at The Henry Miller Library in Big Sur, CA
Friday, January 22 - Sunday, January 24, 2010
For more info and to register, go [here](#)

Come and see the Henry Miller Library blog [here!](#)

YES to More Self Love for YOU
at the Madly in Love with ME Day & Self-Luv-apooloza Celebration in
Berkeley, CA
Saturday, February 13, 2010
For more info and to register, go [here](#)

How to Relax About Money & Everything Else
and
**Succulent Wild Wisdom: Living Abundantly in Love, Work &
Creativity - No Matter What the Circumstances**
at the Conscious Life Expo
Friday, Feb 12 - Monday, Feb 15, 2010
Los Angeles, CA
More info [here](#)

**Succulent Wild Wisdom: Living Abundantly in Love, Work &
Creativity - No Matter What Your Circumstances**
at [Circle of Spiritual Enlightenment](#) in San Luis Obispo
Sunday, March 7, 2010

More info coming soon!

SARK's Self-Loving Festival of Lounging & Liberation

at Femme Fire Productions in Joshua Tree, CA

Friday, April 9, 2010

For more info and to register, go [here](#)

**Change Your Life Without Getting Out of Bed: How to Relax About
Love, Money & Everything Else**

at Kripalu in Lenox, MA

Friday, May 28- Monday, May 31, 2010

For more info and to register, go [here](#)

**Succulent Wild Wisdom: Living Abundantly in Love, Work &
Creativity - No Matter What Your Circumstances**

at Hollyhock on Cortes Island, British Columbia, Canada

Friday, September 10 - Wednesday, September 15, 2010

For more info and to register, go [here](#)

**Glad No Matter What: Transforming Loss and Change into Gift and
Opportunity**

at [Starwae](#) in Sonoma, CA

Saturday, September 25 - Sunday, September 26, 2010

More info coming soon!

Juicy Pens, Thirsty Paper

at [Omega Institute](#) in Rhinebeck, NY

Friday, October 22 - Sunday, October 24, 2010

More info coming soon!

Inviting SARK to your event is easy!

Just email Trisha Marcy at sarkevents@planetsark.com and she'll respond to you quickly.



Couching with SARK

Couching is my unique blend of coaching, therapy and mentoring. I offer specialized guidance, uncommon support, positive challenges and the benefits of a customized program of study with me - one to one.



I want you to know that you are powerfully gifted, amazingly creative and can easily inspire yourself to do the work, and live the life, of your

DEEPEST DREAMS!

Accelerate your growth and transformation with Couching with SARK! Read more about Couching with SARK [here](#).



Good Things from SARK

I came home from first grade and said to my Mom; "I think that Show and Tell should be me every day!" She replied that other kids needed a chance, and I told her that the kids were begging me to do it. Luckily, my first grade teacher arranged for me to do Show and Tell every day to a different grade. I find and experience so many good things in my life; it feels like a great big Show and Tell. I'm excited to offer this feature at Planet SARK ~ people, places, things and resources that inspire me... Let me know what inspires you at my [Glorious Guestbook](#).



[Everything is Amazing & Nobody's Happy](#) is hilarious and such a good reminder about entitlement and how amazing everything really is!

The movie [Up](#) - I adore this film and the visuals are so uplifting ;-)

I highly recommend the work of Joy Drake and Kathy Tyler: creators of the Transformation Game & Angel Cards and more; they have a [great site](#). There is also an amazing place to visit within their site [here](#). Go to the Sanctuary and explore the Blessing Bowl.

One of the most essential self caring & loving places on the internet: [GOOD news](#) that is also practical and well informed.

I'm happy to be the "quote of the month" in Kripalu's Online newsletter for December.

Read the newsletter [here](#) and join me at the always wonderful Kripalu in May for Change Your Life Without Getting Out of Bed: How to Relax About Love, Money & Everything Else - more info [here](#).



Lotus Allen's How to Love & Marry Your Self for Life eCourse

Enjoy this 13 day eCourse at no cost! It's a gift for SARK eLetter subscribers from Lotus Allen of Femme Fire Productions, a special guest at Planet SARK for this free eCourse. It's also a peek at the inspiration and wonder coming to the [Women's Self Love Retreat](#)

in April. I'll be there with a brand new workshop, SARK's Self-Loving Festival of Lounging & Liberation. I hope to see you there!

Claim your gift [here](#).



Crazy Sexy Life

I'm thrilled to be part of the blog posse at [Crazy Sexy Life](#), Kris Carr's playground of wellness of inspiration! Read my latest blog post [here](#).



Juicy & Delightful TeleSeminars for YOU

I am thrilled to be one of featured speakers in all of these wonderful teleseminars!



[Healing and Consciousness TeleSeminar Series and Planetary Healing Conference](#) - Science, Spirituality, and the Sacred: Ancient Wisdom, Modern Miracles is

a free teleseminar series featuring inspiring global leaders looking at the limitless possibilities for Humanity when we stand together, collectively and with intention toward a Universal Shift, a Cosmic Consciousness, and a planetary transformation of universal proportions. It began on October 21st and continues on Tuesdays and Thursdays through February, 2010. Click [here](#) to register for free.

I'll be on with **Linda Pannell on Wed/Feb 3 at 4:00 pm Pacific time.** [Sign up](#) now and you'll be sent a reminder!

[The Women Masters TeleSeminar Series](#) call with Amy Ahlers was like being in hot air balloons together floating over the entire planet! If you missed it - or even if you didn't - you can purchase the recordings and transcripts [here](#). Amy is a true gift to our planet!

[Sexy, Soulful & Rich Women's LIVE Telesummit & 36 week series](#) is about living a sexy, soulful and rich life. Sign up [here](#) to have access to 25 never

before heard interviews from powerhouse women - including me! :-) Allana Pratt is a deep, insightfull guide and the whole series is fantastic!

[The Self Love Studio](#) call with Christine Arylo was magical, succulent and empowering. If you missed it - or even if you didn't - you can purchase the recordings and transcripts [here](#). Christine is committed to self-love and support for women!

[The Menopause Summit '09](#) call was juicy and hilarious. I had a fabulous time with Lela Bryan and Carole Cross! If you missed it - or even if you didn't - you can purchase the recordings and transcripts [here](#)



Visit me

- [Twitter](#)
- [Facebook](#)
- [MySpace](#)
- [Glorious Guestbook](#)
- [SARK Journal](#)

or call my Inspiration Line at 415.546.3742.

I love hearing from Y O U!

**Love,
Susan
(aka SARK)**



[DOWNLOAD](#) the color-full **PRINT FRIENDLY** [version](#) of this eLetter and create your own mini book of SARK's inspirations.

EnJOY!

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