

SARK's eLetter

● e STANDS FOR ENERGETIC TRANSFORMATION ●

Love in UNLIKELY PLACES



SARK'S STORY



Dear Full Hearted Friends,

As we're All responding in some way to the AFTERMATH of the earthquake in Haiti, it can be tempting to feel hopeless, helpless, or overwhelmed. The truth is; everyone's focus of love shifts everything. Our love is welcome anywhere in the world, anytime and has a powerful effect. Love focuses on goodness, goodness shifts the material world. Love goes everywhere and is not afraid of ugliness or fear.

I invite you to raise your love vibrations higher and farther than ever, and trust that your love matters and blooms in unlikely places, and goes far beyond intellectual understanding.

"Let us not be satisfied with just giving money. Money is not enough. Money can be got, but they need your hearts to love them. So spread your love everywhere you go."

~Mother Teresa



Let's spread our love AND our money to Haiti now AND later too. Let's share creative ideas AND resources for all kinds of ways to share ourselves. WHAT ABOUT YOU? Tell me here.

Let's raise our telepathic love roofs HIGH together.

I'M DOING DAILY MEDITATIONS ON ALL THE MIRACLES THAT ARE HAPPENING IN HAITI RIGHT NOW, TEXTING CONTRIBUTIONS TO 90999 (\$10 APPEARS ON PHONE BILL), READING GOOD NEWS NETWORK AND RECOMMENDING THAT WE STAY IN DIALOGUE ABOUT THIS, BECAUSE OUR LOVE MATTERS.

READ ABOUT Myriam, WHO HAS FAMILY IN HAITI.

READ ABOUT DAN FROM COMPASSION INTERNATIONAL WHO HAD A HOTEL FALL ON HIM IN HAITI AND LIVED.

GOOGLE HAS A GREAT RESOURCE here.



I'M OFF ON A WRITING ADVENTURE WITH MY NEWEST BOOK, TO BE PUBLISHED IN FALL 2010 BY MY NEW PUBLISHER NEW WORLD LIBRARY AND I'M DROPPING IN WITH SARK'S 2010 GREAT GETAWAY SPECIAL FOR YOU! SEE BELOW FOR ALL THE JUICY DETAILS.



Join me AT THE MADLY IN LOVE WITH ME CELEBRATION - IT'S A SELF LUV-APOLIZA!
SATURDAY, FEBRUARY 13TH
AT THE BEAUTIFULL CLAREMONT HOTEL CLUB AND SPA IN BERKELEY, CALIFORNIA

Lots more great information info here - you'll feel the love JUST READING ABOUT IT!

SEE ME SINGING THE "I LOVE MYSELF" SONG ALONG WITH CHRISTINE ARYLO AND TAKE OUR DARE TO SING IT TOO (AND WIN TICKETS TO THE EVENT!) here.

YOU CAN ALSO SPEND THE DAY AT MY TABLE & RECEIVE LOTS OF OTHER DELIGHT*FULL TREATS TOO! BE SURROUNDED AND DRENCHED IN LOVE AND SELF-LOVE. ALL YOUR CUPS WILL BE FILLED TO OVERFLOWING. GET YOUR VIP (VERY INTUITIVE PERSON) TICKET here.

Let's PLAY IN L.A.!
Join me AT THE CONSCIOUS LIFE EXPO! I'll BE DOING 2 WORKSHOPS SUN/FEB 14 + MON/FEB 15. More info here.



Love, SUSAN AKA SARK





SARK's 2010 Great Getaway Special!

If the winter blues are getting you down, treat yourself to an inspiring, life-changing adventure! [SARK's Awesome Anytime Adventure](#) is 30-day getaway to the most breathtaking destinations within you! Through February 28, save \$20 with SARK's 2010 Great Getaway Special!

You can [simply adventure here](#) to get more details, hear SARK audio samples, and read feedback from people who have already added sweet adventure to their lives

"SARK, I am LOVING this program. I've done the other programs and didn't think you could get any better but you have done it again. I've read all your books and thought I knew all there was to know about SARK but this program is so new and fresh that you're surprising even me (in a good way!) This program has magical powers, I swear. The synchronicity that is being evoked by my awesome anytime adventures is uncanny. I am delighted beyond words. I love hearing your voice every day! Thanks for the greatest treat and great self-help value on the Web! Ok I'll stop gushing but just had to tell you how excited I am. You rock!"

- Tara

Want a sample, first? You can also [sign up for the Sweet Spot Sample](#) to experience three free, fully-functional days of SARK's Awesome Anytime Adventure, and then save \$20 if you decide to enroll in the full 30-days of adventure by February 28.



Introducing SARK's SHARE Program

I'm deliriously excited about the new SARK ePrograms and the [SARK SHARE Program](#) makes it easy, quick, and joyful for you to help spread the word!



Members of SHARE Team Receive:

- Minimum 15% commission on any sales from referrals who click your affiliate tracking link and then purchase any SARK eProgram within 6 months. You will also have opportunities for monthly bonuses and contests in various categories each month!
- Easy text snippets, banners, and images to post on your site, blog, social media, or even in emails you send to friends - all embedded with your own special affiliate tracking link.
- Receive 15% commission even on SARK ePrograms you purchase for yourself!

This special perk makes it a little easier for you to enroll in the Programs yourself, so that you can speak about the eProgram more personally and passionately!

I invite you to learn more about the [SARK SHARE Program](#), to find out how you can start earning your juicy commissions just for spreading the word in your blog, Web site, social media, or even just sending emails to your friends!



NEW! eProgram eShop!

We've opened a new area on the Planet SARK Web site, where you can easily see ALL of the new SARK eProducts in one convenient location.

Visit the new [SARK eProgram eShop here](#) to learn about all of our new programs, including:

[SARK's Transformation Exper!ence:](#)

A Multimedia Journey of Healing and Transformation for the Splendidly Imperfect

[Juicy Journaling with SARK:](#)

A Nourishing Adventure to Start Your Day Off WRITE!

[Magical Journeys with SARK:](#)

SARK's Audio Adventures and Guidebook

[SARK's Awesome Anytime Adventure:](#)

An Inspiring 30-Day Tour of Joyful Self-Care, Surprise, and Wonder

Technology is so magical and I love that allows us to connect in these new ways. Come join me for an online adventure!



Couching with SARK

Couching is my unique blend of coaching, therapy and mentoring. I offer specialized guidance, uncommon support, positive challenges and the benefits of a customized program of study with me - one to one.

I want you to know that you are powerfully gifted, amazingly creative and can easily inspire yourself to do the work, and live the life, of your DEEPEST DREAMS!

Accelerate your growth and transformation with Couching with SARK! Read more about Couching with SARK [here](#).



Hear Me ~ Upcoming Innerviews

[Healing and Consciousness TeleSeminar Series and Planetary Healing Conference: *Science, Spirituality, and the Sacred: Ancient Wisdom, Modern Miracles*](#) is a **free** teleseminar series featuring inspiring global leaders looking at the limitless possibilities for Humanity when we stand together, collectively and with intention toward a Universal Shift, a Cosmic Consciousness, and a planetary transformation of universal

proportions. It began on October 21st and continues on Tuesdays and Thursdays through February, 2010. Click [here](#) to register for free.

I'll be on with Linda Pannell on Wed/Feb 3 at 4:00 pm Pacific time. [Sign up](#) now and you'll be sent a reminder!

Get Real Radio with Alan Cohen

I'm so excited to be interviewed by the inspiring and joyfull Alan Cohen. [Tune in](#) from anywhere in the world via internet on **Thu/Feb 18 at 1:00 p.m. Pacific time.**

MaestroConference ~ New Beginnings

A free, 11 call interactive teleseminar designed to uplift, inspire, delight and connect you to world renowned luminaries. You'll love the MaestroConference platform! The calls are interactive and you'll have the opportunity to fully participate and connect with like-minded people around the world - I especially like the small groups feature! :-)

I'm delighted to be part of this series along with Marianne Williamson, Mike Robbins, Amy Ahlers, Christine Arylo and many more!

The calls are free and begin this Wed/Jan 27th with the divine Marianne Williamson. Join [here](#) at no cost.

I'll be on March 24, 2010 at 5:00 p.m. PST. [Sign up now](#) and you'll be sent a reminder.



Ecstatic Events

This is my special invitation to you, to attend one of my lively, interactive and inspiring events. This energy is due to the kindred spirits who attend - like YOU!



YES to More Self Love for YOU

at the Madly in Love with ME Day & Self-Luv-apoolooza Celebration in Berkeley, CA

Saturday, February 13, 2010

For more info and to register, go [here](#)

You can also spend the day at my table & receive lots of other delight*full treats too! Be surrounded and drenched in love and self-love. All your cups will be filled to overflowing. Get your VIP (Very Intuitive Person) ticket [here](#).

How to Relax About Money & Everything Else and

Succulent Wild Wisdom: Living Abundantly in Love, Work & Creativity - No Matter What the Circumstances

at the Conscious Life Expo

Friday, Feb 12 - Monday, Feb 15, 2010

Los Angeles, CA

For more info and to register, go [here](#)

Succulent Wild Wisdom: Living Abundantly in Love, Work & Creativity - No Matter What Your Circumstances

at [Circle of Spiritual Enlightenment](#) in San Luis Obispo

Sunday, March 7, 2010
More info coming soon!

SARK's Self-Loving Festival of Lounging & Liberation
at Celebrate Your Light 2010 Women's Self-Love Retreat in Joshua Tree, CA
Thursday, April 8 - Monday, April 12, 2010
For more info and to register, go [here](#)

Live Abundantly in Love, Work & Creativity No Matter What Your
Circumstances:
SARK's Succulent Wild Wisdom Workshop
at Starwae in Sonoma, CA
Saturday, May 8 - Sunday, May 9, 2010 For more info and to register, go
[here](#)
\$50 Early bird discount for registering before April 8th!
\$100 off regular price if you register before February 14th!!

**Change Your Life Without Getting Out of Bed: How to Relax About
Love, Money & Everything Else**
at Kripalu in Lenox, MA
Friday, May 28- Monday, May 31, 2010
For more info and to register, go [here](#)

**Glad No Matter What: Transforming Loss and Change into Gift and
Opportunity at Celebrate Your Life in Chicago, IL**
Friday, June 4 - Sunday, June 6, 2010
Chicago, IL
For more info and to register, go [here](#)
Register Now & Save \$30!

**Succulent Wild Wisdom: Living Abundantly in Love, Work & Creativity -
No Matter What Your Circumstances**
at Hollyhock on Cortes Island, British Columbia, Canada
Friday, September 10 - Wednesday, September 15, 2010
For more info and to register, go [here](#)

**Glad No Matter What: Transforming Change and Loss into Gift and
Opportunity**
at [Starwae](#) in Sonoma, CA
Saturday, September 25 - Sunday, September 26, 2010
More info coming soon!

Juicy Pens, Thirsty Paper
at [Omega Institute](#) in Rhinebeck, NY
Friday, October 22 - Sunday, October 24, 2010
More info coming soon!

More events being added for 2010.

Inviting SARK to your event is easy!
Just email my assistant, Trisha at sarkevents@planetsark.com and she'll respond to
you quickly.



Visit me

- [Twitter](#)
- [Facebook](#)
- [MySpace](#)
- [Glorious Guestbook](#)
- [SARK Journal](#)

or call my Inspiration Line at 415.546.3742.

I love hearing from Y O U!

**Love,
Susan
(aka SARK)**



[DOWNLOAD the color-full PRINT FRIENDLY version of this eLetter and create your own mini book of SARK's inspirations.](#)

EnJOY!

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